

P2P Peer to Peer Support

Partnership in Action – Students Helping Students



Mary Boylan – Peer Mentor Coordinator and Support Officer, Carlow Campus

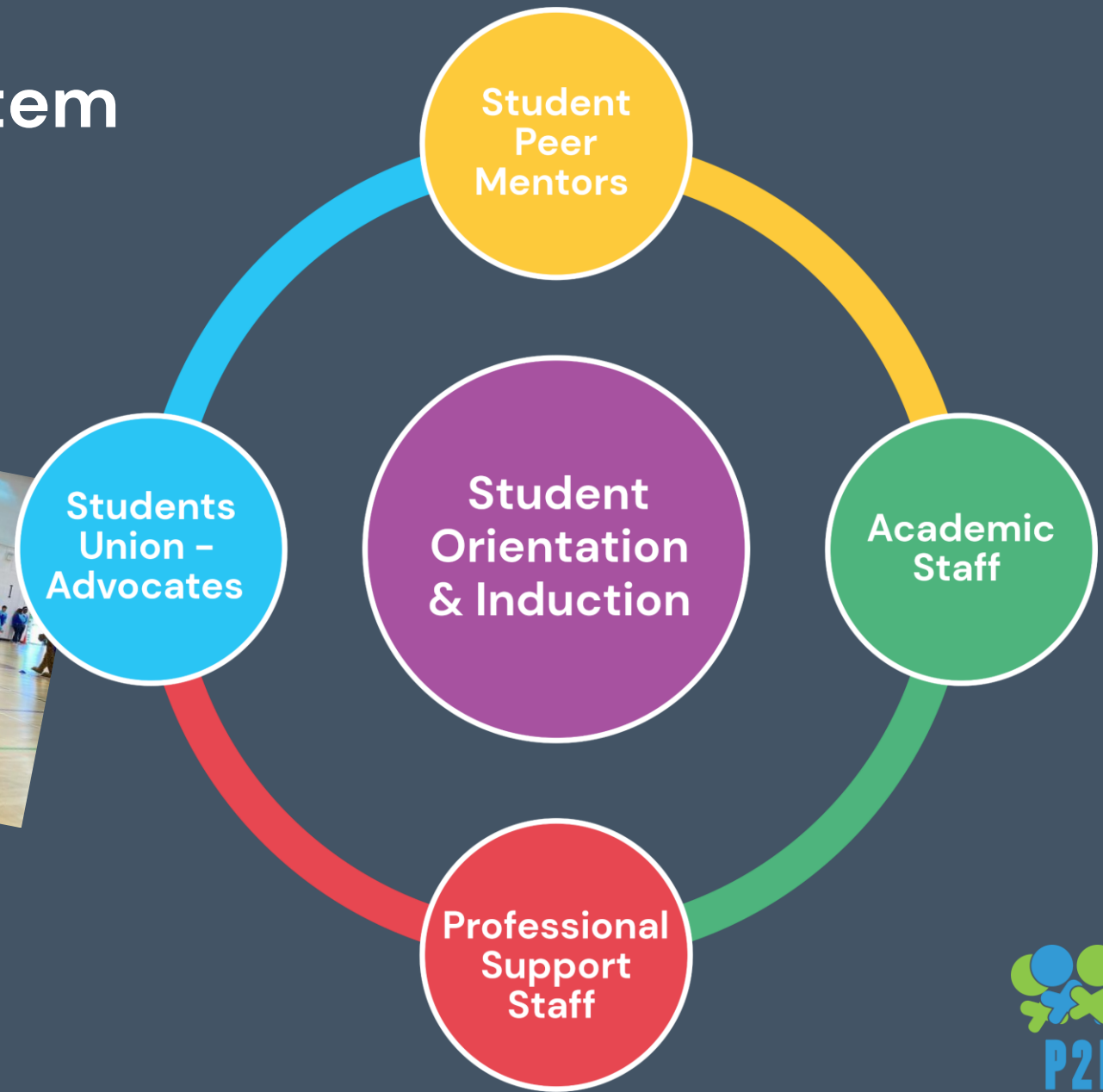
Helena Fitzgerald – Head of Learner Support and Student Services , Carlow Campus

Yvonne Kavanagh – Assistant Registrar, Carlow Campus

David Denieffe – VP for Academic Affairs and Registrar

The Partnership Ecosystem

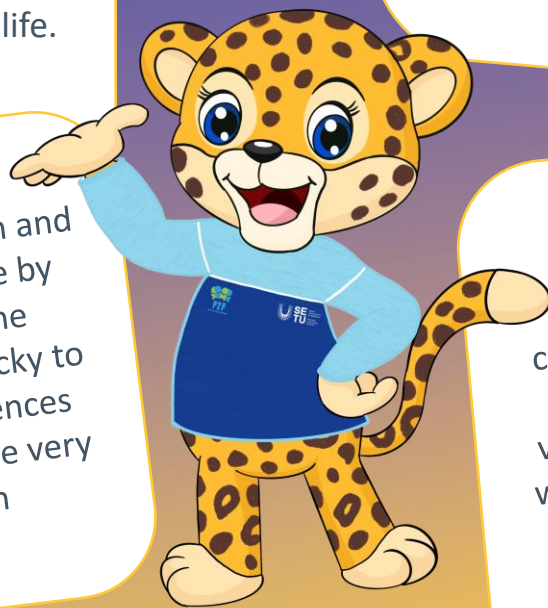
Working together



What success looks like

As a peer mentor, I developed new friendships along the way – the feeling you get from helping 1st years is one of the best. To be part of Orientation, Graduation, Open Days and many other events are some of the best memories I have from college life.

Every volunteer brings something unique to a team and the value of each quality is proved only with time by the appreciative words that we receive from the students/staff that we have helped. I was very lucky to witness this as I shared some of my own experiences with the first years from my course and they were very thankful for the advice I passed on to them

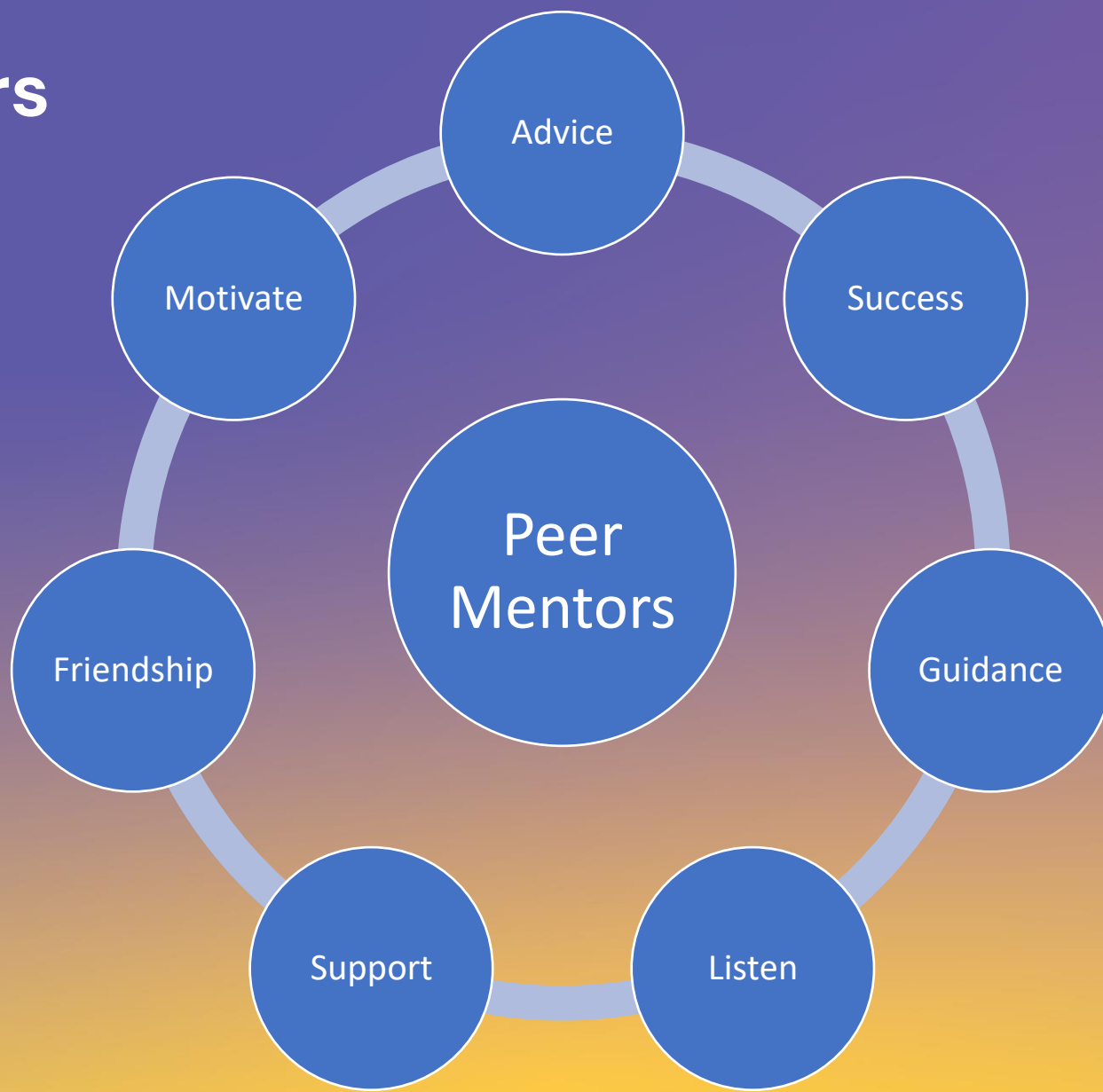


I joined the peer mentor programme as I felt it would be a great opportunity to offer assistance to students in 1st year and to pass on my experiences and knowledge to them, be their support. I also felt like this would be a great way of meeting more people and becoming friends. Also, through this programme I met some other science students, and we became friends, since I was a year ahead of them, I was able to help them with their studies.

In my case, the peer mentor program has helped a lot by helping me to step outside of my comfort zone and boost my confidence, which will help in the long term.

I acquired so many new skills as a Peer Mentor – my confidence and communication skills grew in abundance, I had to step outside my comfort zone, As a Peer Mentor volunteer at Open Days, Orientation and other big events I was a guide and leader and I had to learn to help and direct first year students to the best of my ability

Approaching Staff as Peers



Peer Mentor Publications

Comic



Peer Mentor Publications

Magazine



Enabling Students as Peers and Leaders



Outcomes



“New Beginning”

– Alannah Somers
(Original composition)
Prod: Ryini Beats



From the moment you arrive

Til the end of year 1

We'll be by your side

Helping you along

Cause it don't matter what you look like

And it don't matter who you are, just as long as you
realise

We've been in your shoes

We took them steps and walked them paths

We felt them fears before and we know that it's difficult
to adjust

Its all so new and strange

But, we can guide you through and help you on your way

“New Beginning”

– Alannah Somers
(Original composition)

Prod: Ryini Beats

https://www.youtube.com/watch?v=VErHTkw1_ik

Cause I still remember

The moment it all changed

I walked through them doors

And I turned a new page

A brand-new chapter to my story was starting to begin

One that was unknown to me

But its just a new beginning.

We’ve been in your shoes

We took them steps and walked them paths

We felt them fears before and we know that you will remember the moment it all changed, you walked through them doors and you turned a new page

A brand-new chapter to your story was starting to begin

One that’s unknown to you

But it’s just a new beginning.

THANK YOU!

Find out more at:

www.itcarlow.ie/student-life/student-services/peer-mentoring



Music & Lyrics by: **Alannah Somers**, Graduate Intern Peer Mentor Programme
"New Beginning" – Alannah Somers (Original composition)
Prod: Ryini Beats

Presentation slides by: **Jolanta Petraityte** 4th Year Student, Interactive
Digital Art & Design & Peer Mentor, SETU (Carlow Campus)



**SE
TU**

Ollscoil
Teicneolaíochta
an Oirdheiscirt
South East
Technological
University